



wildchild®

Inspiring a lifetime of adventure

YEAR 4 WILD ADVENTURE TRIPS

Bushmead Year 4 Parent meeting 24th June

"Fewer than one in ten children regularly play in wild places; compared to almost half a generation ago" - Natural England, 2009

Nature Deficit Disorder

What is it?

Nature Deficit Disorder describes the human costs of alienation from nature, among them: diminished use of the senses, attention difficulties, and higher rates of physical and emotional illness (R Louv, 2005)

The generational divide

In a single generation, since the 1970's, children's 'radius of activity' (the area around their home in which they are allowed to explore) has declined by almost 90%.



What is causing it?

A generation of children with a largely screen-based lifestyle, barriers to accessing our wild spaces and limited environmental education.



OVER 80% OF CHILDREN REPORT FEELING HAPPIER AFTER BEING IN NATURE

Natural England (2021) The People and Nature
Survey for England: Children's Survey



OUR TEAM

"A fantastic, dedicated, engaging and helpful team" - Jon Light, West Ewell Primary School, Year 4

"The team were really excellent - lovely relationship with the children and really helpful and supportive" Louise Reen, Devonshire House Prep School, Year 3

"The staff were excellent role models" - Julia Lyness, Newland House School, Year 4



Phasels Wood Activity Centre, Hertfordshire

A fantastic introduction to camping

Bell tents with bunk beds sleep up to 6 children

Chill-out area with games and table-tennis

Teacher tents never more than two tents away

Motion sensing lighting and night-toilets throughout the entire camp

Activities

Play

- Forest Games
- Scavenger Hunts
- Team Challenge
- Wild Cluedo

Challenge

- Archery
- Climbing
- Crate Stacking
- High ropes
- Nightline

Educate

- Wild Survivor Bushcraft
- Wild Explorers



"Every activity was well-planned, educational, relevant and well-executed" - Tomas O'Laoide, George Tomlinson Primary School, Year 6

Tobogganing



Table tennis





Wild Survivor Bushcraft

Exploring the essentials of survival

Shelter building, fire lighting, survival skills & roasting marshmallows!

"The children loved Bushcraft and really enjoyed the knowledge they gained from it" - Amy Harper, Rockingham

Wild Explorers

A whistle-stop tour of British nature!

Tree and insect identification, woodland games, learning about British species and foraging

"It was great to see the children out enjoying nature" - Amelia Alcock, Albermarle

EXAMPLE DAY

"A perfect mix of adventurous and nature-based activities, delivered by wonderful staff in a lovely setting!" – Julia Thomas, Fircroft, Year 5



	Activity	Extra information
AM	Breakfast	Cereal selection, toast, pastries and yoghurt
	Adventurous activity	Go for gold in Archery before feeling the adrenaline as you reach new heights and work as a team in either Crate stacking or High ropes
	Lunch	Picnic in the woods
PM	Wild Survivor	Work together to build the ultimate woodland shelter using materials found within the forest. Learn how to safely use a fire-steel and build the perfect campfire to roast marshmallows!
	Dinner	Pasta with bolognese or tomato sauce and garlic bread, salad bar, and chocolate brownie with ice-cream
	Evening Activity	Wild Cluedo or Forest games
	Campfire	Singing, hot chocolate and biscuits!

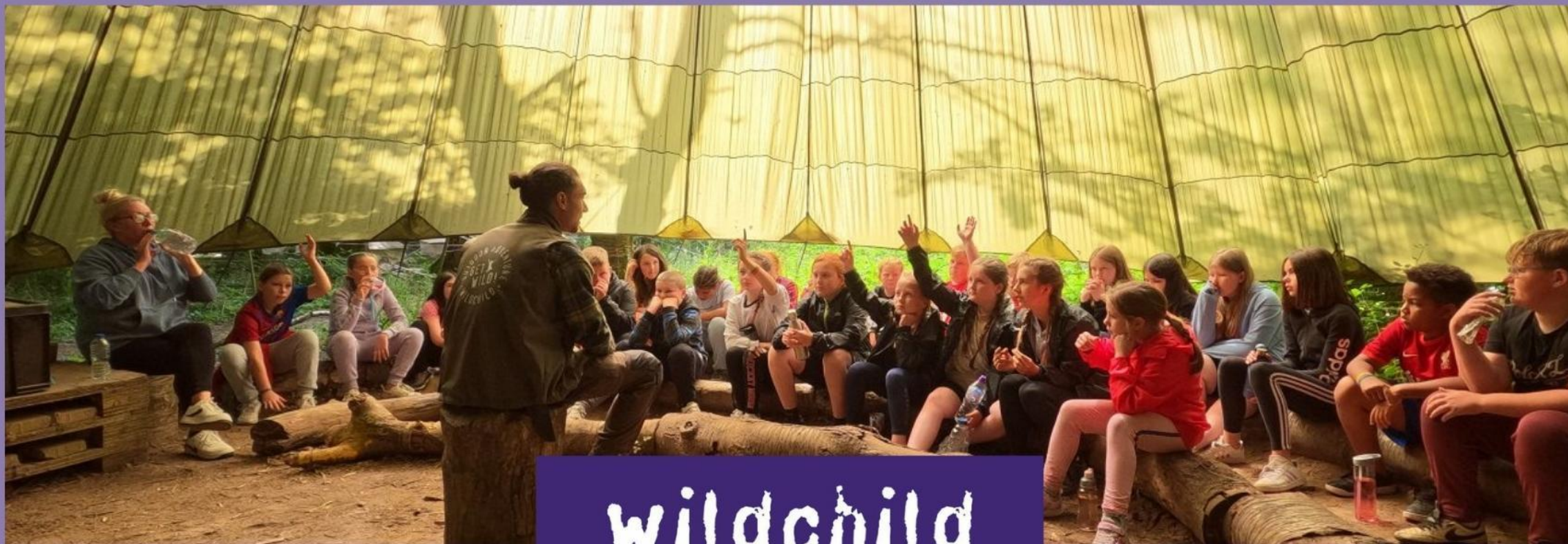
WHAT TO PACK?

- Sleeping bag and pillow
- Large rucksack
- Suitable clothing for all weather possibilities
- Waterproof jacket and waterproof trousers
- Warm pyjamas
- Sturdy walking boots or trainers
- Water bottle (named)
- Insect repellent/sun cream
- Sun hat/woolly hat/gloves
- Toiletries
- Towel
- Torch or head-torch
- Plastic bag for dirty or muddy clothes

"If you watch a child playing outside they're just doing so many physical tasks - they run for hours, dig, climb. If you told them to do it they wouldn't, but they want to because they're playing" - Penny Wilson, 2021

"A really great experience for the children to have a balance of activities and to learn about the environment" - Joshua Spencer, St Mary Magdalen Primary, Year 6





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For more information and to download your parent guide and kit list please visit:
www.wildchildadventure.com/residential-trip-resources/

Important information

- A packed lunch is needed for the first day – please only disposable bags etc, but well labelled as they get put into large thermos boxes on arrival.
- The children have to carry their bags, bedding etc from the bus to the camp – not a long way but long enough. Top tip – don't tie sleeping bags onto bags just carry separately. Wheely cases are fine but not so big we can't fit the children in their tents please!
- Label anything that you want to get back even their teddy please and any game or book that they bring.
- Drop off at school from 8:15am through the hall door, must arrive by 8:30am to allow us time to pack the coach – all medicines must be labelled and have their instructions with them and be ready to hand to the first aid station in the hall.
- Last day lunch is served at 1:00pm, we go straight from lunch to the coach so hopefully leaving between 1:30-1:45 arriving home 2:30-3:00. Facebook will be updated.

Important information

- Pack with your child not for your child – we won't know which pocket their pants are in, it's important that they are ready to be independent and can find everything themselves.
- Same for brushing hair and putting into a ponytail, squeezing out toothpaste etc.
- Please give as many contact numbers as possible for yourselves, it is highly unlikely that we will need any of them but if your child is unwell it will be distressing for them if we can't get hold of you to collect them.

Before we go...

- First aid and contacts form to be completed and returned asap. If anything changes with medication then please inform us as far before the trip as possible as we set up record sheets for medication.
- The children will be asked to name 6 children that they would like happy to be in a tent with – we will then organise the tents and the children will have at least 2 of their choices.