

# Wild Child Residential Kit List

## Essential items to pack

- Large rucksack or holdall  2 pairs footwear e.g. walking boots and old

trainers

- Small rucksack to carry essentials  washbag including toothbrush, toothpaste, soap and face wipes
- Warm sleeping bag (season 3 recommended)  Towel(s)
- Roll mat (not inflatable)  Medications (labelled with clear instructions

On

the application/use and dosage)

- Tracksuit or hardwearing trousers x3  Jumper or fleece x2 minimum
- T shirts x4  Water bottle
- Waterproof jacket and trousers  Socks and underwear
- Pillow and pillowcase  Plastic bag for dirty and wet clothes
- Alcohol hand gel  Torch with new batteries – a head torch is

ideal

- Suncream  Sunhat

## Weather dependent

- Welly boots  Gloves
- Warm hat and scarf

## DO NOT BRING

Food – so as not to attract vermin or insects into tents.

Electrical items.

Children can bring a teddy, a book and a small notebook and pen/pencil but must not bring any electrical items.

Please ensure **ALL** items are named – including shoes, bags, sleeping bags and teddy.

Label a bin bag with your child's name for all dirty/wet clothes to be packed into, this can just be a piece of paper sellotaped to the bag.

Swimwear will not be needed.

Medication forms will be sent out to be filled in and returned with any medication that will be needed.