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# HEATWAVE MITIGATION MEASURES

With the current warm weather conditions, we want to reassure you that we have measures in place to help keep children safe, comfortable and hydrated during their residential stay.

The wellbeing of every child is our top priority, and our team continually monitors weather conditions and adapts activities where necessary. To keep everyone safe and comfortable during the high temperatures, we are putting the following measures in place across the site:

## Sessions and activities

- Activities will be relocated to shaded areas wherever possible.
- Sessions will pause halfway through for an additional hydration break.
- Regular hydration breaks will be built in between activities.
- Before leaving for activities, we will ensure every child has applied sun cream and is wearing a sun hat.
- Fire-based activities, such as bushcraft and campfires, will still go ahead but may run without an actual fire, as conditions are already hot enough.
- Other activities, such as ropes activities and the Cresta Run, may need to be rearranged given the likely conditions.

## Evening provision

Instead of hot chocolate in the evenings, children will be supplied with a cold drink alongside their biscuit.

## Pod accommodation

Every pod will be fitted with a fan. **Please do not send children with their own fan**, as we can't guarantee the safety of untested electrical equipment.

While the weather is warmer than usual, children remain in a safe, shaded woodland environment with experienced staff who are used to working outdoors and managing activities in a range of weather conditions.

## How parents can help

Please ensure your child brings:

- A sun hat
- Sun cream
- A refillable drinks bottle
- A handheld fan (optional)

Thank you for your support. We look forward to welcoming your children to camp and helping them enjoy a safe, fun and memorable residential experience.

**The Rootd Team**